January 2024 Elementary Lunch Menu

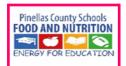
January is National **Oatmeal Month!**



Oatmeal dates back to 7000BC!

75% of all Americans eat oatmeal!

Oatmeal helps prevent heart disease!



Daily Lunch Choices Choose 1:

Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches

Must Choose at least 1:

Hot & Cold Vegetables Variety of Fruits & Juices (may choose up to 2 servings each of fruits & veggies with their meal)

May Choose 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Tuesday

Wednesday

Thursday

Classes Resume

Winter Holiday Break





Choose One: Hamburger on a Bun Cheeseburger on a Bun **Managers Choice**

Apple a Day Salad Plate Italian Sub Sandwich Choose: Country Baked Beans Tossed Side Salad

Choose One: Meat Lovers Stromboli **Managers Choice**

Chicken Caesar Salad Turkey Pinwheel Munchable Choose: Tomato Soup Marinara Sauce Cup Sliced Cucumber Side Salad

Choose One: Steak Fingers Potato Bowl **Managers Choice**

Yogurt, Fruit & Granola Parfait Ham & Cheese Croissant Choose:

Mashed Potato & Gravv Farmstand Veggie Dippers

Choose One: Choose One: Pizza Variety Cheese Quesadilla **Managers Choice Managers Choice** Beef or Pork Taco Salad

Fruit & Yogurt Plate PBJ Uncrustable or Sandwich Choose:

Broccoli Florets Carrot Dippers Side Salad





Choose One: Cheesy Bread Chicken & Cheese Nachos

Chicken BLT Salad Ham Pinwheel Munchable Choose: Refried Fiesta Beans Marinara Sauce Cup Lettuce & Tomato Side Salad

Choose One: Teriyaki Beef Dippers **Breaded Chicken Drumstick**

(Both Entrées Served with Rice) Yogurt, Fruit & Granola Parfait Turkey & Cheese Croissant Choose:

Broccoli Florets Sliced Cucumber Side Salad 18

11

Choose One: Chicken Parm Sandwich Hot Dog on a Bun

Chicken Caesar Wrap

Salsa Cup

Romaine Side Salad

Choose: Green Beans

Apple a Day Salad Plate Chicken Caesar Wrap Choose:

Crispy Crinkle Fries Romaine Side Salad 19

Choose One: **Pizza Variety** Fish & Tots Basket

Fruit & Yogurt Plate PBJ Uncrustable or Sandwich Choose:

Green Beans Carrot Dippers Side Salad

22

Choose One: **Chicken Nuggets or Breaded Steak Fingers** Pasta & Meat Sauce

(All Entrées Served with Roll Yogurt, Fruit & Granola Parfait Turkey Club Sub **Choose:** Sweet Potato Fries

Farmstand Veggie Dippers

Choose One: Hamburger on a Bun Cheeseburger on a Bun **Cherry Blossom Chicken** Rice Bowl

Apple a Day Salad Plate Italian Sub Sandwich Choose: Country Baked Beans Tossed Side Salad

23

30

16

Choose One: Beef or Pork Tacos w/ Tortillas or Chips Mini Cheese Calzones

Chicken Caesar Salad Italian Pinwheel Munchable Choose: Marinara Sauce Cup Santa Fe Black Beans Sliced Cucumber Side Salad 24

Choose One: Chicken Terivaki with Rice Macaroni & Cheese

Apple a Day Salad Plate Turkey & Cheese Croissant Choose:

Broccoli Florets Lettuce & Tomato Side Salad 25

Choose One: **Breakfast for Lunch** Chicken Patty on a Bun

Harvest Farmers Salad Ham & Cheese Hoagie Choose:

Deli Roasted Potato Romaine Side Salad 26

Choose One: Pizza Variety Fish & Chips Basket

Fruit & Yogurt Plate PBJ Uncrustable or Sandwich Choose:

Green Beans Carrot Dippers Side Salad

Choose One: **Grilled Cheese Grilled Ham & Cheese Meat Lovers Stromboli**

Chicken Caesar Salad Turkey Pinwheel Munchable Choose: Tomato Soup Marinara Sauce Cup Sliced Cucumber Side Salad 31

Choose One: Beefy-Mac Casserole **Popcorn Chicken Bowl**

Yogurt, Fruit & Granola Parfait Ham & Cheese Croissant Choose:

Mashed Potato & Gravv Farmstand Veggie Dippers

For Menu & Nutrition Information or to download the app on your device! Visit nutrislice.com



Menus are subject to change!

We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

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